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# Stars help to raise cash for hospital unit

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TV host Ben Shephard and former Newcastle Falcons rugby player Tom May have been helping to raise money for a children's heart unit by taking part in a tough exercise challenge.

The pair tried to burn 10,000 calories each yesterday by working out on high-intensity Speedflex machines at Drake House, Fleming Business Centre, in Jesmond, Newcastle.

They were wearing heart monitors which recorded how many calories they were burning on a television screen.

The pair were joined by fundraising father Ivan Hollingsworth, who has completed his target of raising £330,000 to build a new playroom for the Children's Heart Unit at the Freeman Hospital (CHUF).

Ivan, 38, from Monkseaton, Whitley Bay, has worked tirelessly to raise funds for the charity. In 2009 the hospital saved the life of his son Sebastian, who celebrated his fifth birthday last week.

Ivan and his wife Nadine decided to set up a fund - Seb4Chuf - and have now hit their target to pay for the modern play facility for the young patients, some of whom spend months in the unit.

Yesterday's marathon exercise challenge was held to celebrate this achievement.

The three participants started at 7am and worked out continuously all day with small 15-minute breaks every hour.



■ Former Falcons player Tom May, Ivan Hollingsworth and TV presenter Ben Shephard

## BRITAIN IN BRIEF

### » 12 Years a Slave success

**MOVIE** 12 Years A Slave has picked up one of the most coveted Golden Globes of the night.

Steve McQueen's hit starring Chiwetel Ejiofor took home best movie at the ceremony in Beverley Hills.

It saw off competition from Captain Phillips, Gravity, Philomena and Rush to become a success story for Britain.

American Hustle was another key winner of the night, taking home best motion picture for a musical or comedy.

Jacqueline Bisset was Britain's only female to triumph, winning best supporting actress in a series for the BBC's Dancing On The Edge, beating fellow Brit and White Queen star Janet McTeer.



### » Bridger to stay in jail

THE man convicted of the murder of five-year-old April Jones has scrapped a bid to appeal against his whole-life tariff.

Mark Bridger kidnapped the child before sexually abusing, murdering and disposing of her.

He was given the sentence at Mold Crown Court.

### » DJ Travis jury is selected

JURY selection has begun in the trial of DJ Dave Lee Travis, who is accused of 13 counts of indecent assault and one of sexual assault.

The 68-year-old was at London's Southwark Crown Court to face the allegations.

Travis, real name is David Patrick Griffin, was living in Buckinghamshire but has moved and was allowed not to give his new address in open court.

The prosecution case in his trial is due to open today. A group of 18 jurors were selected, and it is expected that a panel of 12 plus two reserves will be sworn in today.

Travis denies the charges, which relate between 1976 and 2008 and are linked to 11 alleged victims.

The case is expected to get underway today.

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