

family Notices

DEATHS

BOWIE

(Hadston). Peacefully at home on Wednesday 2nd November 2011, aged 88 years, Tommy, beloved husband of the late Sally, much loved dad to Janice and Alison, loving father-in-law of Ronnie and Ken, adored granda and great granda. Tommy will be sadly missed by all his family and friends. Please meet for service at St. John's Chevington Parish Church on Thursday 10th November at 1.00pm, followed by cremation at Cowpen Crematorium. Family flowers only, donations in lieu to South Broomhill Health Centre. All enquiries to Alistair Turner Funeral Directors, Sanderson House, 18 Bede Street, Amble. Tel. (01665) 712277.

MCDONALD

(Newbiggin-by-the-Sea). Woodlea. After a brave fight against cancer, Barry, passed away on 1st November 2011, in St. Oswald's Hospice, sadly missed by his beloved wife Patricia Elizabeth, a dear father of Alistair, Laura, Julia and Mark, dear grandfather of Lewis, Arran and Rowan and much loved brother of Eileen and Peter. A Funeral Service is to be held at St. Bartholomew's Church, Newbiggin-by-the-Sea on Friday 11th November at 11.00am, followed by interment at Woodhorn Cemetery. Family and friends are all welcome. Family flowers only, donations in lieu of flowers to St. Oswald's Hospice, Gosforth, all will be gratefully received. All enquiries to A.J. Gascoigne. Tel. (01670) 818351.

SMITH

(Blyth). Suddenly in hospital on October 31st, Rita (nee Hicks), dearly loved wife of the late Thomas Taylor, much loved mam of Paul and Margaret and mother-in-law of Christina and the late Jack. Friends please meet for service and interment at Blyth Cemetery (The Links) on Thursday November 10th at 1.15pm. Flowers may be sent c/o Tom Woodhouse Funeral Director, 64 Park Road, Blyth. Tel. (01670) 352000.

FUNERAL DIRECTORS

E TURNBULL & SON LTD
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ACKNOWLEDGEMENTS

ELLIOTT

(Felton). Latterly of Ravensmount, Alnwick. The family of the late Mary wish to express their sincere thanks to all relatives, friends and neighbours for the kindness and sympathy shown to them during their recent bereavement, also for the cards, letters of condolence and donations to the R.N.I.B. Thanks to doctors and staff of Ward 4 Wansbeck General Hospital also Matron and staff of Ravensmount Nursing Home. Thanks to Reverend Burston for a comforting service and to Roy Davison and the staff of Co-operative Funeralcare in Amble for funeral arrangements.

GOW

(Amble). The family of the late John Gow wish to express their sincere thanks to all relatives, friends and neighbours for the kindness and sympathy shown to them during their recent bereavement, also for the cards, letters of condolence and donations to the British Heart Foundation. Thanks to the staff at the Amble Health Centre, the District and Macmillan Nurses and all the care workers from Alnwick who helped make John's last few weeks bearable. Special thanks to Dr. Watkins for his long-time care of both John and Elsie. Thanks to Valerie Nossiter for a comforting service and to Roy Davison of the Co-operative Funeralcare, Amble.

IN MEMORIAM



CHARLESWORTH

(Whitley Bay). John. Will never stop loving you. My soulmate and my friend. Your loving partner Anne xxx



STOREY

(Battle Hill) In loving memory of a dear mother, Hilda (nee Germaney). Beloved wife to the late Mark. In our hearts you will always stay, loved and remembered every day. Loved and missed always by son Bill and all your loving family.

FUNERAL DIRECTORS

JOHN GRENFELL & SON
Chapels 24 hr service. Ashington 01670 855588. Bedlington 01670 823204. Blyth 01670 355753. Widdrington 01670 790700 (Keith McDonald)

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Timely support for domestic violence victims

VICTIMS of domestic violence in Northumberland are being offered new support following the revamp of a special website.

The Enough - Action Against Domestic Violence and Abuse' website - at www.enough.me.uk - has been changed and relaunched so that it is easier for people to use. It contains all

of the latest points of contact for those seeking help - and has been refreshed and improved in advance of Christmas, when there is often an upsurge in incidents of domestic violence.

The new website was designed following consultation with a group of women from Tynedale who have previously accessed Sixty, Eighty, Thirty, a

domestic abuse service based in Hexham which provides practical and emotional support to women and their children.

Victoria Barrington, head of public protection at Northumberland County Council, said: "All members of the Safer Northumberland Partnership were keen to launch the new

version of the website in advance of Christmas."

Rae Briggs, deputy manager at the Sixty, Eighty, Thirty service, said: "The women were delighted to be consulted and involved in developing the new website. Their views and opinions have been incorporated in the design."

DOMES BATHED IN LIGHT



ALL LIT UP The Spanish City dome on Whitley Bay seafront was awash with colourful patterns over the weekend for the Shimmer show

I'm not running out of steam yet

Fundraiser plots latest great effort

Coreena Ford

☎ 0191 201 6331
✉ coreena.ford@ncjmedia.co.uk

A DAREDEVIL athlete dad is preparing for the most gruelling run of his life to raise cash for the hospital which saved his son's life.

Ivan Hollingsworth has already worn out several pairs of trainers on several marathons, completed two tough Coast to Coast challenges and skied down a mountain in a skimpy mankini to raise money for the Children's Heart Unit Fund (CHUF).

Yet now he's planning the ultimate personal sporting challenge - to run more than 100 miles non-stop in 24 hours.

The determined father's sole inspiration is his two-year-old son Sebastian, who was just hours old when

he was diagnosed with a complex heart condition.

Ivan and his wife Nadine, 34, a business consultant, who live in Whitley Bay, faced a tense wait as medics with the Freeman Hospital's Children's Heart Unit carried out life-saving surgery to correct the condition, known as Tetralogy of Fallot, when Sebastian was just 16 weeks old.

Thankful beyond words, the couple have since devoted their energies to raising funds for the hospital department's charity - CHUF - with

Ivan using his running skills as a Morpeth Harrier to raise cash through a fund they set up called Seb4Chuf.

Now, just months after he and celebrity friend Ben Shephard raised more than £160,000 after spending an epic week cycling to Cumbria before running back - running at least one marathon a day to cover the distance - the dad is training for yet another mammoth fundraiser.

"It's just a little challenge I'm doing to make sure I keep fit during the winter months," he quipped.

"I'm relentless in what I want to do for charity. I wound up Nadine most of the time because I keep wanting to do

things and putting ourselves forward for things.

"And I think my next thing - before next summer's third coast to coast challenge - is going to be a one-off ultra endurance run which I want to do on my own.

"I'm plotting a route from the east coast of Scotland along coastal paths, through Northumberland and into Tynemouth. It's just over 100 miles and I want to do in 24 hours over Easter weekend.

"There are endurance runs out there like this, but this is a run I'm making up myself. I know of a guy called Chris who ran from South to North Devon in 24 hours."

Training for a mammoth run like this needs a unique preparation programme, Ivan explained.

"What breaks you isn't your ability to run, it's nerve problems and back problems," he said.

"I've got to be intelligent about this rather than hitting it with a big stick, so I'm spending the winter months running and doing leg strength exercises, boxing, squats and weights to strengthen up my body.

"Nadine says to me 'I can't un-



CHALLENGE Mike with Nadine and little Sebastian

derstand why you're doing this, why are you doing this?" and there's two reasons.

"Part of it is my competitiveness and I make no bones about that - there's definitely a selfish element.

"And without wanting to sound too soppy I think it's so important that I do this for Seb because as a parent you feel so helpless, yet this is something I can control."

To find out more visit seb4chuf.org.uk